Rules of
Department of Commerce and Insurance
Division 2210—State Board of Optometry
Chapter 2—General Rules

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20 CSR 2210-2.010 Application for License

PURPOSE: This rule states where to secure an application.

(1) Application for a Missouri license as an optometrist must be made on the forms provided by the board. All applications must be complete prior to board consideration. All documents and transcripts which are necessary to complete the application, must be received in the board office prior to board consideration. An application more than one (1) year old must be updated prior to licensure.

(2) Application forms and a list of currently approved colleges may be obtained by writing the State Board of Optometry. A copy of the current statutory provisions and board rules regarding the practice of optometry shall be provided with the application form. A copy of the application form, approved colleges, and the statutes and rules can also be downloaded from the board’s website. The website address is http://pr.mo.gov/optometrists.asp.


20 CSR 2210-2.011 Licensure by Endorsement

PURPOSE: This rule states the requirements and procedures for obtaining a license by endorsement.

(1) The board may issue a license to practice optometry by endorsement and without examination to an individual licensed in another state, territory, country, or province which the board determines has licensing requirements substantially equivalent to the requirements in Missouri. The applicant shall provide the following documentation to the board:
   (A) A completed application with the application fee;
   (B) Proof that the applicant has successfully completed an optometry licensure examination in any state, territory, country, or province substantially equivalent to the licensure examination accepted for licensure in Missouri;
   (C) With the exception of government service, proof that the applicant has been engaged in active clinical practice in the state, territory, country, or province in which the applicant is currently licensed for at least three (3) years in the five (5) years immediately preceding the application;
   (D) Proof that the applicant is registered or certified in the state from which s/he is applying for endorsement to use pharmaceutical agents at the highest level granted in that state with the requirements established in that state for registration and/or certification being substantially equivalent to the requirements in this state;
   (E) Certification from each state in which s/he is or was or has been licensed verifying that the applicant is or was in good standing and has never had his/her license to practice in any state disciplined in any manner and that the applicant is not the subject of any pending complaints;
   (F) Proof of submission of fingerprints to the Missouri State Highway Patrol’s approved vendor for both a Missouri State Highway Patrol and Federal Bureau of Investigation fingerprint background check. Any fees due for fingerprint background checks shall be paid by the applicant directly to the Missouri State Highway Patrol or its approved vendor; and
   (G) Such additional information as the board may require to determine eligibility for licensure by endorsement.

(2) The board may require an endorsement applicant to successfully complete an oral interview, an oral examination, or a clinical examination if it is determined by the board that the current competency of the candidate requires additional evaluation.

(3) All applicants for licensure by endorsement shall satisfactorily complete a written examination on Missouri Optometric Law with a score of seventy-five percent (75%) or greater within one (1) year prior to licensure.


20 CSR 2210-2.020 Licensure by Examination

PURPOSE: This rule explains the examinations of the State Board of Optometry.

(1) Every person applying for licensure as an optometrist shall have graduated from a school of optometry approved by the board.

(2) The board currently approves those schools of optometry which are accredited by the Council on Optometric Education.

(3) All applicants must pay the application fee and submit proof of fingerprints to the Missouri State Highway Patrol’s approved vendor for both a Missouri State Highway Patrol and Federal Bureau of Investigation fingerprint background check. Any fees due for fingerprint background checks shall be paid by the applicant directly to the Missouri State Highway Patrol or its approved vendor.

(4) All applicants for a license as an optometrist shall pass all parts of the examination administered by the National Board of Examiners in Optometry (NBEO) within three (3) years prior to licensure. Each applicant also shall pass an examination on Missouri Optometric law with a score of seventy-five percent (75%) or greater within one (1) year prior to licensure.

Every licensed optometrist shall prominently display his/her renewal license in his/her principal place of practice.

Whenever a licensed optometrist has additional offices, he/she, in lieu of delivering a certificate of identification to each patient in his/her care pursuant to section 336.070, RSMo, may prominently display a duplicate renewal license in each additional office.

(4) Failure of the licensee to receive a renewal application shall not relieve the licensee of the obligation to renew the license and pay the renewal fee prior to the license expiration date. Deposit of the renewal fee by the board or the Division of Professional Registration does not indicate acceptance of the renewal application or that any licensing requirements have been fulfilled.

(5) Effective with the two- (2-) year continuing education reporting period beginning on November 1, 2008, every optometrist currently licensed in Missouri shall obtain a minimum of thirty-two (32) hours of approved continuing education (herein “C.E.” credits) relevant to the practice of optometry. Any hours acquired beyond the required number may be carried forward into the next renewal period not to exceed sixteen (16) hours.

(6) The two- (2-) year continuing education reporting period shall begin on November 1 and end on October 31. C.E. credits earned after October 31 of the second year of the reporting period shall apply to the next reporting period unless the licensee pays the continuing education penalty fee. Payment of the continuing education penalty fee will provide a licensee with the ability to earn C.E. credits on or after November 1 and before December 31 and apply any needed C.E. credits to the prior reporting period. If the licensee pays the continuing education penalty fee for C.E. credits earned late, those credits shall not be applied to the next reporting period. A renewal license will not be issued until all renewal requirements have been met.

(7) Licensees shall report the number of C.E. credits earned during the continuing education reporting period on the renewal form provided by the board. The licensee shall not submit the record of C.E. attendance to the board except in the case of a board audit.

(8) Every licensed optometrist shall maintain full and complete records of all approved C.E. credits earned for the two (2) previous reporting periods in addition to the current reporting period. The records shall document the titles of the courses taken, dates, locations, course sponsors, and number of hours earned. The board may conduct an audit of licensees to verify compliance with the continuing education requirement. Licensees shall assist the board in its audit by providing timely and complete responses to the board’s inquiries.

(9) Violation of any provision of this rule shall be deemed by the board to constitute misconduct, fraud, misrepresentation, dishonesty, unethical conduct, or unprofessional conduct in the performance of the functions or duties of an optometrist depending on the licensee’s conduct. In addition, a licensee who has failed to complete and report in a timely fashion the required thirty-two (32) hours of continuing education and engages in the active practice of optometry without the express written authority of the board shall be deemed to have engaged in the unauthorized practice of optometry.

(10) The following guidelines govern the attendance of educational optometric programs for license renewal:

(A) Each speaker, lecturer, or other participant in the presentation of the continuing education program must be recognized as possessing the requisite qualifications and as being expert in his/her field. The board will determine whether a speaker, lecturer, or other person meets the requirements of this section;

(B) Instruction courses sponsored for commercial purposes by individuals or institutions or programs in which the speaker advertises or urges the use of any particular ophthalmic product or appliance generally shall not be recognized for educational credit. Exceptions may be made if the procedure in subsection (11)(D) is followed and the majority of the board votes to recognize the instruction course or program;

(C) Educational programs that currently are approved, except as noted in subsection (11)(B), as meeting the minimum standards, include the following:

1. Educational meetings of the American Optometric Association (AOA);
2. Educational meetings of the National Optometric Association (NOA);
3. Educational meetings of the Missouri Optometric Association or any other state or regional optometric association affiliated with the American Optometric Association. This includes local society meetings unless the courses are Council on Optometric Practitioner Education (COPE)-approved or the course receives prior state board approval;
4. Scientific sections and continuing education courses of the American Academy of Optometry;
5. Postgraduate courses offered by any accredited college of optometry;
6. Educational meetings of the Southern Council of Optometrists;
7. Educational meetings approved by the COPE;
8. Educational meetings of the North Central States Optometric Council;
9. Educational meetings of the Heart of...
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10. Educational meetings of the College of Optometrists in Vision Development;
11. Educational meetings of the Optometric Extension Program; and
12. Optometric related meetings of any accredited school of medicine;

(D) With the exception of any of the previously mentioned educational organizations, any other regularly organized group of optometrists that wishes to sponsor an educational program to meet the standard for license renewal in Missouri shall submit one (1) copy of the program schedule and outline to the board's executive director not fewer than thirty (30) days prior to the date of the program and shall pay the continuing education program fee. The outline must indicate the program's subject matter, the number of hours required for its presentation, and the identity and qualifications of the speakers and instructors. The board shall review the schedule and outline. If the program meets the standards set out in subsections (11)(A)–(B), the board may grant approval. The board will not consider requests for approval of any program submitted following the meeting;

(E) Of the thirty-two (32) hours of board-approved continuing education required for license renewal, no more than sixteen (16) hours may be obtained through distance learning methods such as correspondence courses, online only courses, magazine articles, or other methods where the licensee is not physically present with the course speaker or presenter;

(F) Individuals who obtain a license by endorsement during the second year of a two-(2-) year reporting period will only be required to obtain sixteen (16) hours of continuing education in order to renew the license for the initial license renewal. Individuals who obtain a license by endorsement during the first year of a two- (2-) year reporting period will be required to obtain thirty-two (32) hours of board-approved continuing education in order to renew the license for the initial license renewal;

(G) Individuals who obtain a license by examination are considered to have satisfied the continuing education requirement for the first renewal after their initial license date;

(H) Licensees who present Council on Optometric Practitioner Education (COPE)-approved continuing education will be allowed one (1) hour of continuing education credit for each hour of the continuing education presented. Each COPE numbered course may be used one (1) time for continuing education credit during the reporting period;

(I) Licensees who are enrolled in a post-graduate residency program accredited by the Council on Optometric Practitioner Education will receive sixteen (16) hours of continuing education credit to satisfy one (1) year of the two- (2-) year reporting period; and

(J) The board will consider requests for exemption from the educational requirements only if the request for exemption is filed with the board’s executive director and actually approved by the board before the end of the reporting period. The request for exemption must clearly set out the reasons asserted for noncompliance, including at least a listing of all other years for which the board has exempted the licensee and a listing of the dates upon which the licensee’s reasons for exemption required his/her absence from active practice. In its discretion, the board may refuse to exempt a licensee from the required attendance, notwithstanding the existence of a valid reason, if the board determines that the licensee has or had other reasonable opportunities to meet the requirements of this rule.

(11) The license renewal period shall commence on November 1 and end on October 31 of each even-numbered year.


**Pursuant to Executive Orders 20-04, 20-10, and 20-12, 20 CSR 220-2.030, subsection (9)(E) was suspended from March 20, 2020 through December 30, 2020.

20 CSR 2210-2.040 Public Complaint Handling and Disposition

PURPOSE: This rule states how complaints should be filed with the board and the procedure for handling the complaints.

(1) The board shall receive and process each complaint made against any licensee or unlicensed individual or entity, which complaint alleges certain acts or practices which may constitute one (1) or more violations of the provisions of Chapter 336, RSMo. Any member of the public or the profession or any federal, state or local official may make and file a complaint with the board. Complaints shall be received from sources outside Missouri and processed in the same manner as those originating within Missouri. No member of the board shall file a complaint with this board while he/she holds that office, unless that member excuses himself/herself from further board deliberations or activity concerning the matters alleged within that complaint. The executive director or any staff member of the board may file a complaint pursuant to this rule in the same manner as any member of the public.

(2) Complaints should be mailed or delivered to the State Board of Optometry. However, actual receipt of the complaint by the board at its administrative offices in any manner shall be sufficient. Complaints may be made based upon personal knowledge, or upon information and belief, reciting information received from other sources.

(3) All complaints shall be made on forms provided by the board and shall fully identify the affiant by name and address. Complaint forms will be provided by the board and are available upon request. Oral and telephone communications will not be considered or processed as complaints but the person making these communications will be provided with a complaint form and requested to complete it and return it to the board. Any member of the administrative staff or the board may make and file a complaint based upon information and belief, in reliance upon oral, telephone or written communications.
received by the board, unless those communica-
tions are believed by that staff member to be
false.

(4) Each complaint received under this rule
shall be logged in a book maintained by the
board for that purpose. The logbook shall
contain a record of each complainant’s name
and address; the name and address of the sub-
ject(s) of the complaint; the date each com-
plaint is received by the board; a brief state-
ment of the acts complained of, including
the name of any person injured or victimized
by the alleged acts or practices; a notation
whether the complaint was dismissed by the
board or if informal charges were filed with
the Administrative Hearing Commission; and
the ultimate disposition of the complaint.
This logbook shall be a closed record of the
board.

(5) Each complaint received under this rule
shall be acknowledged in writing. The
acknowledgement shall state that the com-
plaint is being referred to the board for con-
sideration at its next regularly scheduled
meeting. The complainant shall be informed
in writing as to whether the complaint is
being investigated and later, as to whether the
complaint is being dismissed by the board or
is being referred to legal counsel for filing
with the Administrative Hearing Commiss-
ion. The complainant shall be notified of
the ultimate disposition of the complaint, exclud-
ing judicial appeals, and shall be provided
with copies of the decisions (if any) of the
Administrative Hearing Commission and the
board.

(6) Both the complaint and any information
obtained as a result of the investigation shall
be considered closed records and shall not be
available for inspection by the general public.
However, upon written request, a copy of the
complaint and any attachments may be pro-
vided to any licensee who is the subject of
that complaint or to his/her legal counsel.

(7) This rule shall not be deemed to limit the
board’s authority to file a complaint with the
Administrative Hearing Commission charg-
ing a licensee with any actionable conduct or
violation, whether or not the complaint
exceeds the scope of the acts charged in a pre-
liminary public complaint filed with the
board and whether or not any public com-
plaint has been filed with the board.

(8) The board interprets this rule, which is
required by law, to exist for the benefit of
those members of the public who submit
complaints to the board and for those persons
or entities within the legislative and executive
branches of government having supervisory
or other responsibilities or control over the
professional licensing boards. This rule is not
deemed to protect, or inure to the benefit of,
those licensees or other persons against
whom the board has instituted or may insti-
tute administrative or judicial proceedings
concerning possible violations of the provi-
sions of Chapter 336, RSMo.

AUTHORITY: sections 336.160.1 and
610.010.15(6), RSMo Supp. 2007. * This rule
originally filed as 4 CSR 210-2.040. Original
rule filed Dec. 19, 1975, effective Dec. 29,
Filed Dec. 6, 1982, effective March 11, 1983.
Amended: Filed Sept. 13, 1995, effective
March 30, 1996. Amended: Filed June 28,
Amended: Filed Dec. 5, 2007, effective June
30, 2008.

*Original authority: 336.160.1, RSMo 1939, amended

20 CSR 2210-2.050 Professional Optom-
etic Corporations

PURPOSE: This rule governs professional
optometric corporations.

(1) No person licensed under the provisions
of Chapter 336, RSMo shall organize, form
or, at any time, participate as incorporator,
director, shareholder or officer of any corpo-
ration organized under the provisions of the
Professional Corporation Law of Missouri,
except—
(A) All incorporators, directors and offi-
cers, other than the secretary of the corpo-
ration, shall be registered under the provi-
sions of Chapter 336, RSMo, shall have paid all
fees due under that chapter and must be in
good standing with the board, except that, if
more than one (1) type of professional service
is practiced by the professional corporation
pursuant to the provisions of subsection (1)(C),
then the incorporators, directors and
officers other than secretary of the corpo-
ration, shall be in good standing with the Mis-
souri State Board of Registration for the
Healing Arts and duly licensed to practice
one (1) or more of the professional services
referred to in subsection (1)(C);
(B) The proposed name of the corporation
shall contain the surname of each registered
practitioner within the corporation owning
ten percent (10%) of the outstanding
stock of the corporation; provided, however,
that if there are more than three (3) registered
practitioners, each of whom owns more than
ten percent (10%) of the stock of the corpo-
ration, the proposed corporate name shall
contain only the names of the three (3) prac-
titioners who own the greatest number of
shares of stock of the proposed corporation.
The proposed corporation shall end with the
words Professional Corporation or P.C. The
proposed name of the corporation shall con-
tain the name of the profession to be prac-
ticed or the professional title of practitioners
of that profession but no other words other
than those previously specified. However,
words other than those provided in this rule
may be used in proposed corporate names
where the words are found by a majority of
the board at a regularly scheduled meeting
to be in keeping with the ethical standards of
the profession; and
(C) A professional corporation may be
organized only for the purpose of rendering
optometric service and its ancillary services
except that a multiple purpose professional
corporation may be organized to render opto-
metric services in conjunction with any ser-
vice that lawfully may be rendered by a
physician, surgeon, doctor of medicine or
doctor of osteopathy licensed under the pro-
visions of a licensing law of this state.

2007. * This rule originally filed as 4 CSR
210-2.050. This version of rule filed Dec. 19,
1975, effective Dec. 29, 1975. Amended:
Moved to 20 CSR 2210-2.050, effective Aug.
28, 2006. Amended: Filed Dec. 5, 2007,
effective June 30, 2008.

*Original authority: 336.160, RSMo 1939, amended

20 CSR 2210-2.060 Professional Conduct
Rules

PURPOSE: This rule explains the profession-
al conduct required of licensed optometrists.

(1) Every licensed optometrist whose name,
office address, phone number, or place of
practice appears or is mentioned in any
advertisement of any kind or character is pre-
sumed to have caused, allowed, permitted,
approved, and sanctioned the advertisement
and is personally and professionally respon-
sible for the content and character of the adver-
sitement.

(2) The term advertising, as used in section
336.110, RSMo and this rule, includes, but is
not limited to, advertising by means of any of
the following media:
(A) Newspapers, magazines, periodicals, programs, circulars, handbills, stationery, web pages, Internet communications, or any other forms of printed, mimeographed, offset, typewritten, or otherwise reproduced material;

(B) Motion pictures;

(C) Broadcasts by radio, television, or public address systems; and

(D) Signs of every kind and description including billboards, posters, building signs, corridor signs, stair signs, and window signs.

(3) Advertisements which will be deemed to violate section (3) include, but are not limited to, those which:

(A) Use words that are apt to be misunderstood or qualifying references in smaller type which are apt to be overlooked by a casual reader;

(B) Exaggerate the quality of goods or services;

(C) Contain any promise of improved condition;

(D) Contain self-laudatory statements or claims of superiority over other licensed optometrists or other health care professionals or any reference to the quality of care provided; or

(E) Fail to identify the optometrist’s profession by not including the word optometrist, doctor of optometry, or O.D. following the optometrist’s name.

(4) Advertising concerning the cost and availability of ophthalmic goods and services is deemed to be misleading unless it contains the following disclosures:

(A) Whether an advertised price includes single vision, multifocal lenses, or both;

(B) Whether an advertised price for contact lenses refers to soft or hard contact lenses, or both;

(C) Whether an advertised price for ophthalmic goods includes an eye examination;

(D) Whether an advertised price for ophthalmic goods includes all dispensing fees; and

(E) Whether an advertised price for eyeglasses includes both frames and lenses.

(5) Nothing in this section shall be construed to require that the optometrist advertise the price of particular goods or services.

(6) It shall be considered dishonesty in the practice of optometry for an optometrist to permit, allow, or cause a person who is not a licensed optometrist or a licensed physician or surgeon to use the optometrist’s prescription or optometric findings to fit a contact lens upon a patient or member of the public.

(7) It shall be considered misconduct in the practice of optometry to—

(A) Write or allow to be written any prescription for ophthalmic materials or pharmaceutical agents which does not legibly include on the face of the prescription the license number of the optometrist, the full name of the optometrist (printed or typed), the optometrist or the initials O.D., and the signature of the prescribing optometrist; or

(B) Verbally communicate or allow to be communicated to the individual or business who will be filling the prescription any prescription for ophthalmic materials or pharmaceutical agents without communicating or causing to be communicated the full name and license number of the prescribing optometrist.

(8) It shall be considered dishonesty in the practice of optometry for an optometrist to enter into an agreement or arrangement where s/he permits, allows, or causes a person who is not a licensed optometrist or a licensed physician or surgeon to do any of the following acts upon a patient or member of the public:

(A) Examine the eye to ascertain the presence of defects or abnormal conditions of the eye;

(B) Determine the corrective qualities to be incorporated in a contact or spectacle lens; or

(C) Adjust or fit a contact lens to the eye.

(9) Every licensed optometrist providing optometric services prominently shall display his/her name and identify his/her profession by including the word optometrist, doctor of optometry, or O.D. at the entrance of his/her office(s) any times during which these services are offered.

(10) An optometrist is associated in business if s/he is a partner or if s/he is an employee or the holder of ten percent (10%) or more of the stock in a corporation or an officer or director of a corporation, or is guaranteed, promised, or paid a commission, repayment of expenses, or other remuneration.

(11) An optometrist who is associated in business with a person, firm, or corporation which deals in optometric goods shall disclose this business relationship to his/her patients prior to the formation of an expressed or implied contract for optometric services. This disclosure shall include the name of the employer of the optometrist or state the name of the business in which s/he holds an interest or of which s/he is a member, officer, or director and shall take the form of a sign posted in clear public view or a printed statement delivered to each patient in his/her care.

(12) Sections (10) and (11) of this rule shall not apply to an optometrist who is associated in business merely by being a member or an employee of a professional corporation lawfully organized and registered pursuant to the provisions of Chapters 336 and 356, RSMo and the rules of the board applicable to those chapters, or by being a member or salaried employee of a health services corporation lawfully organized and registered in accordance with Chapter 354, RSMo.

(13) An optometrist who rents or leases office space on the premises of a business which deals in optometric goods and who is not associated with that business shall disclose that fact in the manner described in section (11) of this rule.


20 CSR 2210-2.070 Fees

PURPOSE: This rule establishes and fixes the various fees and charges authorized by Chapter 336, RSMo.

(1) The following fees are established by the State Board of Optometry:

(A) Application Fee $225

(B) Missouri Law Exam Fee $50

(C) Biennial Renewal Fee $150

1. Effective August 1, 2018 through July 31, 2020 $125

(D) Late Fee $100

(E) Reactivation Fee $350

(F) Duplicate Certificate Fee $20

(G) Certification of Corporation Fee $20
(H) Endorsement Certification Fee $ 20
(I) Computer Print-Out of Licensees Fee $ 20
(J) Pharmaceutical Certification Fee $ 75
(K) Uncollectible Fee (uncollectible check or other uncollectible financial instrument) $ 25
(L) Law Book Requests Fee $ 5*
(M) Biennial Continuing Education Sponsor Fee $ 25
(N) Continuing Education Penalty Fee (reporting continuing education hours obtained after the end of the reporting period) $150
(O) Fingerprinting Fee (amount determined by the Missouri State Highway Patrol)

*This fee will not apply to the initial copy of the law book which is automatically mailed to all applicants for licensure or to accredited schools of optometry. Furthermore, this fee will not be charged to licensees or any other individual for additions or corrections to the law book after the initial copy is mailed.

(2) All fees are nonrefundable.

(3) The provisions of this rule are declared severable. If any fee fixed by this rule is held invalid by a court of competent jurisdiction or by the Administrative Hearing Commission, the remaining provisions of this rule shall remain in full force and effect, unless otherwise determined by a court of competent jurisdiction or by the Administrative Hearing Commission.


20 CSR 2210-2.080 Certification of Optometrists to Use Pharmaceutical Agents

PURPOSE: This rule sets out the requirements and procedures for the certification of optometrists to use pharmaceutical agents.

(1) No optometrist licensed in this state may use pharmaceutical agents in the practice of optometry unless that optometrist has been certified by the board as qualified to use those pharmaceutical agents in the practice of optometry.

(2) All applications for pharmaceutical certification must be made on forms provided by the board and must be accompanied by the pharmaceutical certification fee. The application must be accompanied by proof that the applicant has passed an examination approved by the board.

(3) The board will certify optometrists currently licensed in this state as qualified to use pharmaceutical agents in the practice of optometry in accordance with the following guidelines:

(A) All applicants for certification must present official documentation and/or transcripts showing successful completion of at least one hundred (100) hours of approved, supervised, clinical training in the examination, diagnosis, and treatment of conditions of the human eye and adnexa. The board cannot approve any credit hours unless they were taught by an institution having facilities for both the didactic and clinical instruction in pharmacology, which is approved by the board and which is accredited by a regional or professional accrediting organization which is recognized by the Council on Post-secondary Accreditation or the United States Department of Education or its successors; and

(B) All applicants for certification must pass a written examination in pharmacology administered or approved by the board.

(4) The board may not accept any documentation required by subsection (3)(A) of this rule unless the course of studies reflects that the institution as being comparable in content to those courses in general and ocular pharmacology required by other licensing boards whose licensees or registrants are permitted the use of pharmaceutical agents in the course of their professional practice.

(5) Applicants certified to use pharmaceutical agents in another state whose requirements for certification are substantially equivalent as those required in this state may be granted a certification to use pharmaceutical agents in Missouri without examination.

(6) Use of oral analgesic agents shall be limited to those specific uses as follows:

(A) Prescription strength oral analgesic agents and particularly controlled substances are rarely required for the relief of pain in ocular conditions. Therefore, they may be used only for ocular pain of which the etiology can be clearly demonstrated and in which, in the judgment of the optometrist, sufficient relief would not be obtained with noncontrolled substances;

(B) When prescribing oral analgesic agents which are categorized as controlled substances, only scheduled oral agents that are appropriate for treatment of ocular pain may be prescribed;

(C) Prescriptions for controlled substances may not be refilled without further examination and follow-up care; and

(D) Optometrists may not maintain inventories of controlled substances for dispensing or administering.
