



Rules of Department of Insurance, Financial Institutions and Professional Registration

Division 2040—Office of Athletics Chapter 8—Mixed Martial Arts

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**Title 20—DEPARTMENT OF
INSURANCE, FINANCIAL
INSTITUTIONS AND
PROFESSIONAL REGISTRATION**
Division 2040—Office of Athletics
Chapter 8—Mixed Martial Arts

20 CSR 2040-8.010 Definitions
(Rescinded August 30, 2019)

AUTHORITY: sections 317.001 and 317.006, RSMo 2000. Original rule filed April 3, 2007, effective Oct. 30, 2007. Rescinded: Filed Jan. 25, 2019, effective Aug. 30, 2019.

20 CSR 2040-8.020 Licensing
(Rescinded August 30, 2019)

AUTHORITY: sections 317.001 and 317.006, RSMo 2016. Original rule filed April 3, 2007, effective Oct. 30, 2007. Amended: Filed March 20, 2018, effective Sept. 30, 2018. Rescinded: Filed Feb. 28, 2019, effective Aug. 30, 2019.

20 CSR 2040-8.030 Event Permits
(Rescinded August 30, 2019)

AUTHORITY: sections 317.001 and 317.006, RSMo 2016. Original rule filed April 3, 2007, effective Oct. 30, 2007. Amended: Filed March 20, 2018, effective Sept. 30, 2018. Rescinded: Filed Feb. 28, 2019, effective Aug. 30, 2019.

20 CSR 2040-8.040 Tickets and Taxes
(Rescinded August 30, 2019)

AUTHORITY: sections 317.001 and 317.006, RSMo 2016. Original rule filed April 3, 2007, effective Oct. 30, 2007. Amended: Filed March 20, 2018, effective Sept. 30, 2018. Rescinded: Filed Jan. 25, 2019, effective Aug. 30, 2019.

20 CSR 2040-8.050 Contestants
(Rescinded August 30, 2019)

AUTHORITY: sections 317.001 and 317.006, RSMo 2016. Original rule filed April 3, 2007, effective Oct. 30, 2007. Amended: Filed March 20, 2018, effective Sept. 30, 2018. Rescinded: Filed Jan. 25, 2019, effective Aug. 30, 2019.

20 CSR 2040-8.060 Inspectors
(Rescinded August 30, 2019)

AUTHORITY: sections 317.001 and 317.006, RSMo 2016. Original rule filed April 3, 2007, effective Oct. 30, 2007. Amended: Filed March 20, 2018, effective Sept. 30, 2018. Rescinded: Filed Jan. 25, 2019, effective Aug. 30, 2019.

20 CSR 2040-8.070 Judges
(Rescinded August 30, 2019)

AUTHORITY: sections 317.001 and 317.006, RSMo 2016. Original rule filed April 3, 2007, effective Oct. 30, 2007. Amended: Filed March 20, 2018, effective Sept. 30, 2018. Rescinded: Filed Jan. 25, 2019, effective Aug. 30, 2019.

20 CSR 2040-8.080 Matchmakers
(Rescinded August 30, 2019)

AUTHORITY: sections 317.001 and 317.006, RSMo 2016. Original rule filed April 3, 2007, effective Oct. 30, 2007. Amended: Filed March 20, 2018, effective Sept. 30, 2018. Rescinded: Filed Jan. 25, 2019, effective Aug. 30, 2019.

20 CSR 2040-8.090 Physicians
(Rescinded August 30, 2019)

AUTHORITY: sections 317.001 and 317.006, RSMo 2016. Original rule filed April 3, 2007, effective Oct. 30, 2007. Amended: Filed March 20, 2018, effective Sept. 30, 2018. Rescinded: Filed Jan. 25, 2019, effective Aug. 30, 2019.

20 CSR 2040-8.100 Promoters
(Rescinded August 30, 2019)

AUTHORITY: sections 317.001 and 317.006, RSMo 2016. Original rule filed April 3, 2007, effective Oct. 30, 2007. Amended: Filed March 20, 2018, effective Sept. 30, 2018. Rescinded: Filed Jan. 25, 2019, effective Aug. 30, 2019.

20 CSR 2040-8.110 Referees
(Rescinded August 30, 2019)

AUTHORITY: sections 317.001 and 317.006, RSMo 2016. Original rule filed April 3, 2007, effective Oct. 30, 2007. Amended: Filed March 20, 2018, effective Sept. 30, 2018. Rescinded: Filed Jan. 25, 2019, effective Aug. 30, 2019.

20 CSR 2040-8.120 Seconds
(Rescinded August 30, 2019)

AUTHORITY: sections 317.001 and 317.006, RSMo 2016. Original rule filed April 3, 2007, effective Oct. 30, 2007. Amended: Filed March 20, 2018, effective Sept. 30, 2018. Rescinded: Filed Jan. 25, 2019, effective Aug. 30, 2019.

20 CSR 2040-8.130 Timekeepers
(Rescinded August 30, 2019)

AUTHORITY: sections 317.001 and 317.006, RSMo 2016. Original rule filed April 3, 2007, effective Oct. 30, 2007. Amended: Filed March 20, 2018, effective Sept. 30, 2018. Rescinded: Filed Jan. 25, 2019, effective Aug. 30, 2019.

20 CSR 2040-8.140 Fouls
(Moved to 20 CSR 2040-5.070)

20 CSR 2040-8.150 Weight Classes

PURPOSE: This rule establishes weight classes for professional mixed martial arts bouts.

(1) The following weights and classes are hereby established for mixed martial arts bouts/contests:

Weight Class	LBS.
Flyweights	125 lbs. & below
Bantamweight	125.1 to 135 lbs.
Featherweight	135.1 to 145 lbs.
Lightweight	145.1 to 155 lbs.
Welterweight	155.1 to 170 lbs.
Middleweight	170.1 to 185 lbs.
Light Heavyweight	185.1 to 205 lbs.
Heavyweight	205.1 to 265 lbs.
Super Heavyweight	265.1 lbs. & above

(2) Contestants may only fight contestants in their own weight category unless permission is granted by the office.

AUTHORITY: sections 317.001 and 317.006, RSMo 2016. Original rule filed April 3, 2007, effective Oct. 30, 2007. Amended: Filed March 20, 2018, effective Sept. 30, 2018.*

**Original authority: 317.001, RSMo 1983, amended 1996, 2007 and 317.006, RSMo 1983, amended 1996, 2007.*



20 CSR 2040-8.160 Attire and Equipment

PURPOSE: This rule establishes minimum guidelines for the hygiene, attire, and equipment authorized for professional mixed martial arts contestants.

(1) Physical Appearance. All contestants in a mixed martial arts bout or contest shall present a clean and tidy appearance and shall comply with the following:

(A) Fingernails and toenails shall be sufficiently trimmed to avoid the risk of cutting or scratching an opponent;

(B) Hair shall be trimmed or tied back so that the hair does not interfere with the vision of the contestant or cover the contestant's eyes. The office's representative determines whether a contestant's head and facial hair presents any safety hazard to the contestant or his/her opponent or would interfere with the supervision and conduct of the bout; and

(C) No substance other than petroleum jelly and/or a similar petroleum based product may be allowed on the face, arms, or any part of the body. Use of excessive petroleum jelly and/or similar petroleum based products is prohibited.

(2) Attire and Equipment. All contestants shall comply with the following:

(A) Contestants shall wear athletic shorts that do not extend below the knee, such as, mixed martial arts shorts, grappling/fighting shorts, boxing shorts or kickboxing shorts, as specified in the bout agreement;

(B) No shirts or Gis may be worn by a contestant during a bout or contest, provided that female contestants shall wear an appropriate athletic garment that covers the breasts;

(C) Knee pads, elbow pads, breast protectors, footwear, shoes, or shin guards shall not be allowed for professional contestants;

(D) All contestants shall wear an individually fitted mouthpiece;

(E) Male contestants shall wear a groin protector. Female contestants may wear a pelvic protector at the option of the contestant;

(F) Jewelry and/or piercing accessories are prohibited; and

(G) No attire or equipment may be worn that contains any metal substance.

(3) Handwraps. All handwraps shall be in compliance with the following:

(A) The bandages/handwraps shall consist of soft gauze type cloth that is no more than twenty (20) yards in length and two inches (2") in width and held in place by no more than ten feet (10') of surgeon's tape provided that the tape shall be no more than one inch

(1") in width for each hand;

(B) The surgeon's tape shall be placed directly on each hand for protection near the wrist. The tape may cross the back of the hand twice and extend to cover and protect the knuckles when the hand is clenched to make a fist;

(C) Bandages shall be evenly distributed across the hand;

(D) Bandages and tape shall be placed on the contestant's hand in the dressing room prior to the bout and in the presence of the inspector and both contestants. Either contestant may waive the privilege of witnessing the bandaging of the opponent's hands; and

(E) The inspector shall approve all bandages and taping prior to gloves being placed on any contestant. Under no circumstances are gloves to be placed on the hands of a contestant before approval by the inspector.

(4) Gloves.

(A) Mixed martial arts contestants shall wear gloves that are appropriate in weight for the fighter and which shall be no less than four ounces (4 oz.) and no more than eight ounces (8 oz.) in weight. Contestants competing against each other in the same bout shall wear the same sized gloves.

1. Gloves shall be whole, clean, and in good condition. Broken gloves are prohibited during any bout or contest;

2. Gloves that are padded in the palm or fingertip area are prohibited; and

3. All gloves will be approved by the inspector prior to each bout. The inspector or a designee of the office may inspect gloves at any time.

(B) All gloves shall be furnished by the promoter and shall be new or in good condition. Promoters must have extra sets of gloves in each size used during the contest, to be used in case gloves are broken or in any way damaged during the course of a bout.

(5) The inspector may prohibit a contestant from participating in a bout or contest if the contestant has or is wearing any equipment, apparel, hair, or product that presents a safety hazard, or that may interfere with the supervision or conduct of the event. The contestant may not compete in the bout unless the circumstances creating the hazard or potential interference are corrected to the satisfaction of the office's representative.

(6) All equipment worn or used by a mixed martial arts contestant shall be approved by the inspector.

*AUTHORITY: section 317.001, RSMo 2016, and section 317.006, RSMo Supp. 2018.**

Original rule filed April 3, 2007, effective Oct. 30, 2007. Amended: Filed March 20, 2018, effective Sept. 30, 2018. Amended: Filed Jan. 25, 2019, effective Aug. 30, 2019.

**Original authority: 317.001, RSMo 1983, amended 1996, 2007 and 317.006, RSMo 1983, amended 1996, 2007, 2018.*

20 CSR 2040-8.170 Weigh-Ins

PURPOSE: This rule establishes mandatory guidelines and criteria for weighing professional mixed martial arts contestants prior to a bout or contest.

(1) The weigh-in for professional events along with events including both amateur and professional bouts shall be conducted by the office within forty-eight (48) hours before the contest. Weigh-ins may be conducted more than forty-eight (48) hours prior to the contest with special permission from the office.

(2) Each contestant for mixed martial arts will be weighed in the presence of his/her opponent, a representative of the office, and/or an official representing the promoter, on scales approved by the office at any place designated by the office. Weigh-ins are open to the public. If a contestant cannot be present at the designated time set by the office, a contestant waives his/her rights under this section.

(A) Contestants shall have all weights stripped from his/her body before he/she is weighed in. Male contestants may wear shorts. Female contestants may wear shorts and a sports bra.

(B) The office may require contestants to be weighed more than once for any cause deemed sufficient by the office.

(3) A contestant who fails to make the weight for their designated weight class shall be given up to two (2) hours to make required weight. Any contestant who fails to make the weight shall be disqualified.

(4) The promoter shall have scales available for use by the office. The office may, in its discretion, use the scales furnished by the promoter or use its own scales. All scales furnished by the promoter shall be thoroughly tested and approved by the inspector prior to being used in connection with any contest.

(5) For amateur events only, all weigh-ins must be scheduled no earlier than 10:00 AM on the date of the event. There shall be no weight allowances for amateurs. Amateur contestants must compete within the weight



classes listed in 20 CSR 2040-8.150(1). No substitutes may be submitted after the weigh-in has begun unless approved by the office due to special circumstances.

AUTHORITY: section 317.001, RSMo 2016, and section 317.006, RSMo Supp. 2018. Original rule filed April 3, 2007, effective Oct. 30, 2007. Amended: Filed March 20, 2018, effective Sept. 30, 2018. Amended: Filed Jan. 25, 2019, effective Aug. 30, 2019.*

**Original authority: 317.001, RSMo 1983, amended 1996, 2007 and 317.006, RSMo 1983, amended 1996, 2007, 2018.*

20 CSR 2040-8.180 Rules for Bouts/Contests

PURPOSE: This rule establishes general rules for conducting mixed martial arts bouts/contests.

(1) The promoter shall have scales available for use by the office. The office may use the scales furnished by the promoter or use its own scales. All scales furnished by the promoter shall be thoroughly tested and approved by the inspector prior to being used in connection with any contest.

(2) The referee has general supervision of the bout. The referee enforces the rules, promotes safety of the contestants, and ensures fair play. Only the inspector may overrule the referee if the referee is not enforcing the rules. Before starting a bout the referee shall ascertain from each contestant the name of his/her chief second who shall be held responsible for the conduct of the assistant seconds during the progress of the bout. The referee shall call contestants together before each bout for final instructions, at which time each contestant shall be accompanied by the chief second only.

(3) The three (3) judges will be stationed at the sides immediately adjacent to the fighting area, each at a separate side. All bouts are scored on a ten- (10-) point must system. The judges shall turn scorecards over to the referee after each round. The referee shall then hand the scorecards to the inspector. A final decision will be made before the judges may leave the area. Any erasures or changes on the card shall be approved and initialed by the judge and inspector.

(4) The promoter shall provide an adequate room for the attending physician to conduct physical examinations. Whenever a contestant, because of illness or injuries, is unable

to take part in a contracted bout, the contestant or the manager shall immediately report the fact to the inspector. The contestant shall then submit to an examination by a physician designated by the office.

(5) No mixed martial arts bout shall be advertised or promoted as a championship bout unless it has the specific approval of the office.

(6) Rounds.

(A) Non-Championship Bouts. Each non-championship bout shall be no less than three (3) rounds of five (5) minutes in length, with a one (1) minute rest period between rounds.

(B) Championship Bouts. Each championship contest shall be no more than five (5) rounds of five (5) minutes in length, with a one (1) minute rest period between rounds.

(C) In no event may the rest period between any round in any bout be less than one (1) minute.

(7) Contestants who have been knocked out shall be kept lying down until they have recovered. When a contestant is knocked out, no one may touch him/her except the referee who may remove his/her mouthpiece, until the ringside physician enters the ring and personally attends to the contestant and issues necessary instructions to the contestant's second(s).

(8) Submissions. A contestant may submit to an opponent and end a bout by tapping the mat consecutively more than three (3) times. If the contestant is unable to tap the mat, the contestant may yell "quit" to the referee. Upon submission, the referee shall terminate the bout and declare the non-submitting contestant as the winner of the bout by submission.

(9) Injuries.

(A) The referee, at his/her discretion, may request that the attending physician examine a contestant during the bout. Should the examination occur during the course of a round, the clock will be stopped until the examination is completed. The physician may order the referee to stop the bout. The referee will then render the appropriate decision.

(B) In the event of serious cuts or injuries, the referee shall summon the physician who will decide if the bout may be stopped.

(10) If a contestant fails or refuses to resume fighting when the bell sounds starting the next round, the referee may award a technical knockout to his/her opponent as of the last completed round.

(11) All licensed individuals and organizations associated with the contests are deemed to have knowledge of the applicable laws and rules of the state. Any questions or interpretations shall be referred to the office. If an immediate decision is required, it shall be referred to the inspector present. In the event a situation occurs at the contest and there are no regulations in place to cover the situation, the inspector of the event shall make a decision on the matter. The inspector's ruling is final. The authority of the office and the inspectors shall be respected. No one shall interfere with the inspectors' duties, use foul language towards, or make threats of physical harm toward the inspectors.

AUTHORITY: section 317.001, RSMo 2016, and section 317.006, RSMo Supp. 2018. Original rule filed April 3, 2007, effective Oct. 30, 2007. Amended: Filed March 20, 2018, effective Sept. 30, 2018. Amended: Filed Jan. 25, 2019, effective Aug. 30, 2019.*

**Original authority: 317.001, RSMo 1983, amended 1996, 2007 and 317.006, RSMo 1983, amended 1996, 2007, 2018.*

20 CSR 2040-8.190 Facility and Equipment Requirements (Rescinded August 30, 2019)

AUTHORITY: sections 317.001 and 317.006, RSMo 2016. Original rule filed April 3, 2007, effective Oct. 30, 2007. Amended: Filed March 20, 2018, effective Sept. 30, 2018. Rescinded: Filed Jan. 25, 2019, effective Aug. 30, 2019.