



Sponge Balls

With a few simple materials, create sensory toys that will be enjoyed by children of all ages! Babies will find the texture and colors interesting; they will enjoy grasping the balls and exploring them with their hands. Older children will enjoy tossing the balls in a variety of ways, including playing catch and shooting baskets (try a plastic bucket for this). Experiment with using sponge balls wet or dry for different experiences!

What you need:

- Two plain kitchen sponges in any colors (the brighter, the better!)
- String, one rubber band, or one zip tie
- Scissors

What you do:

1. Cut one sponge in half lengthwise.
2. Cut each of the halves you've just created in half lengthwise. The result will be four strips of equal size.
3. Repeat the above steps with the other sponge.
4. Gather all eight of the strips together.
5. Cinch around the middle of the bunch of sponge strips with a zip tie, rubber band, or piece of string. No matter what you use, you'll need to cinch it fairly tightly.
6. Trim any excess zip tie or string.

