

# Rules of **Department of Social Services**

## Division 70—MO HealthNet Division Chapter 95—Private Duty Nursing Care Under the Healthy Children and Youth Program

Title		Page
13 CSR 70-95.010	Private Duty Nursing	3



## Title 13—DEPARTMENT OF SOCIAL SERVICES

Division 70—MO HealthNet Division Chapter 95—Private Duty Nursing Care Under the Healthy Children and Youth Program

#### 13 CSR 70-95.010 Private Duty Nursing

PURPOSE: This rule establishes the basis for MO HealthNet enrollment and reimbursement of providers of private duty nursing care for children under Missouri's Healthy Children and Youth Program.

PUBLISHER'S NOTE: The secretary of state has determined that the publication of the entire text of the material which is incorporated by reference as a portion of this rule would be unduly cumbersome or expensive. This material as incorporated by reference in this rule shall be maintained by the agency at its headquarters and shall be made available to the public for inspection and copying at no more than the actual cost of reproduction. This note applies only to the reference material. The entire text of the rule is printed here.

- (1) Service Definition. Private duty nursing is the provision of individual and continuous care (in contrast to part-time or intermittent care) provided according to an individual plan of care approved by a physician, by licensed nurses acting within the scope of the Missouri Nurse Practice Act. Services within the MO HealthNet private duty nursing program include:
- (A) Shift care by a registered nurse (RN); and
- (B) Shift care by a licensed practical nurse (LPN).
- (2) Persons Eligible for Private Duty Nursing Care. MO HealthNet-eligible children under the age of twenty-one (21) may be eligible for private duty nursing care under the Healthy Children and Youth Program (HCY) when there is a medical need for a constant level of care, exceeding the family's ability to independently care for the child at home on a long-term basis without the assistance of at least a four (4)-hour shift of home nursing care per day. Private duty nursing services for children are prior authorized by the Bureau of Special Health Care Needs of the Department of Health and Senior Services.
- (3) Criteria for Providers of Private Duty Nursing Care for Children.
- (A) A provider of private duty nursing care must have a valid MO HealthNet Private

Duty Nursing Provider Agreement in effect with the Department of Social Services, MO HealthNet Division. To enroll, the applicant must either submit a written proposal, or be a Medicare-certified and MO HealthNetenrolled home health agency, or be accredited by Joint Commission for Accreditation of Health Organization (JCAHO), or be accredited by Community Health Accreditation Program (CHAPS). The written proposal (required by agencies who are not Medicare certified, or accredited by JCAHO or CHAPS), must describe the agency and its service delivery system, assure understanding of and compliance with the standards of the Private Duty Nursing Care Program and document the agency's administrative and fiscal ability to provide the services in accordance with these standards. Proposals will be reviewed by qualified medical staff or designees of the Department of Social Services (DSS).

- (B) All applicants to provide MO Health-Net private duty nursing care, enrolling on the basis of a written proposal, may be subject to on-site reviews, performed at the discretion of the department, by DSS staff or designees prior to enrollment. These reviews will monitor compliance with the administrative requirements of the program and service delivery.
- (C) On-site reviews to monitor compliance with these standards will be conducted at the discretion of the department subsequent to MO HealthNet enrollment, when MO HealthNet has reimbursed for services.
- (D) Agencies found to be out of compliance with the standards set forth in this rule may have a penalty imposed. Penalties may be as follows:
- 1. The agency will be required to submit a written plan of correction, with a follow-up monitoring by DSS staff within ninety (90) days:
- 2. New prior authorization requests will not be approved for a specified period of time; and
- 3. The MO HealthNet provider enrollment agreement will be terminated.
- (4) Administrative Requirements for Private Duty Providers.
- (A) The provider shall immediately notify the provider enrollment unit of the MO HealthNet Division of any change in location, telephone number, administrative or corporate status. A thirty (30)-day written notice to the MO HealthNet Division will be required of the provider prior to the voluntary termination of the provider agreement.
- (B) The provider shall maintain bonding, personal and property liability, and medical

- malpractice insurance coverage on all employees involved in delivering nurse service in the home.
- (C) The provider must have the capability to provide nursing staff outside of regular business hours, on weekends and on holidays to provide services in accordance with the plan of care authorized by the Bureau of Special Health Care Needs for each client.
- (D) The provider must have a policy for responding to emergency situations. Services reimbursed by MO HealthNet may not exceed the prior authorization approved by the Bureau of Special Health Care Needs, therefore, any emergency situation resulting in service delivery beyond the limits of the prior authorization must be reported in writing to the Bureau of Special Health Care Needs within seventy-two (72) hours.
- (E) The provider shall have a written statement of the participant's Bill of Rights, which shall be given to the caretaker (if the participant is a minor) at the time the service is initiated. At a minimum, the statement should say that the participant has the right to the following:
- A. Be treated with respect and dignity:
- B. Have all personal and medical information kept confidential:
- C. Have direction over the services provided, to the degree possible, within the service plan approved by the Bureau of Special Health Care Needs;
- D. Know the provider's established grievance procedure and how to make a complaint about the service and receive cooperation to reach a resolution, without fear of retribution;
- E. Receive services without regard to race, creed, color, age, sex or national origin; and
- F. Receive a copy of this Bill of Rights.
- (F) The provider shall have a written grievance policy which shall be provided to each participant or caretaker upon initiation of services. The grievance policy must also include the phone number of the Bureau of Special Health Care Needs and the MO HealthNet Division, participant services unit.
- (G) The provider must report all instances of possible child abuse or neglect to the Child Abuse and Neglect (CA/N) Hotline, 1-800-392-3738. Any suspected abuse or neglect by a caretaker, including private duty nursing staff, must be reported according to 210.110-210.189, RSMo, the Child Abuse Law. Failure to report by a mandatory reporter (private duty nursing staff would be



considered mandatory reporters) is a violation of 210.115, RSMo and could be subject to prosecution.

- (H) The provider must maintain Missouri Corporate Good Standing status with the Office of the Missouri Secretary of State.
- (5) Qualification Requirements for Private Duty Nursing Direct Care Staff and Supervisors.
- (A) For nursing staff, the provider agency shall show evidence in the personnel record that the employee's licensure status with the Missouri Board of Nursing is current.
- (B) Upon initial employment, the provider shall document that at least two (2) employment or personal references (not to include relatives) were contacted prior to that employee delivering direct care services.
- (C) The provider will be responsible for assuring and documenting that the nurse's health permits performance of the required activities and does not pose a health hazard. Service delivery shall be prohibited when the employee has a communicable condition. Before contact with clients, all employees who will be delivering services in the home must pass a health assessment or physical examination, including tuberculosis (TB) testing, conducted by a physician or a nurse. Self assessment will not be accepted for LPN and RN staff. Health assessments or physical exams shall be repeated at two (2)-year intervals and the results shall be maintained onsite by the provider. Annual TB testing is required, with documentation to be maintained by the provider.
- (6) Requirements for Training for Private Duty Staff.
- (A) All direct care staff (LPNs and RNs) must have at least four (4) hours of orientation training prior to service provision. Orientation training should include general information about the MO HealthNet Private Duty Nursing Program, the HCY program, relationship of the provider agency with the MO HealthNet Division and the Bureau of Special Health Care Needs, the prior authorization process, child abuse/neglect indicators and reporting, participant rights, participant grievance procedures, internal agency policy and a review of universal precaution procedures as defined by the Center for Disease Control.
- (B) Prior to delivering services, LPNs must demonstrate competency in each task required by the plan of care. The competency demonstration must be conducted by an RN and must be documented in the LPN's personnel file.

- (C) All direct care staff must have certification in either cardiopulmonary resuscitation (CPR) or basic certified life-support (BCL).
- (7) Requirements for Supervision of Private Duty Nursing Staff.
- (A) Each agency shall employ an RN, with three (3) years' experience, to act as supervisor to all other nursing staff. One (1) year of experience must either be in supervisory position or in the field of pediatric nursing. The RN supervisor will be responsible for case conferences with staff nurses and documenting the conferences, assuring the competency of staff, training and orientation and evaluation of direct care staff.
- (B) All nursing staff providing direct care shall have an annual performance evaluation completed by an RN supervisor, maintained in the personnel record. The evaluation must be based on a minimum of two (2) on-site visits with the staff person present.
  - (C) Frequency of Supervisory Visits.
- 1. Participants of private duty nursing care shall have a personal visit by a supervisory RN at least once every sixty (60) days if the participant is authorized for LPN service. Supervisory visits by an RN will not be separately reimbursed.
- 2. Patients who have received RN shift care through the Private Duty Nurse Program or intermittent visits by an RN under the home health program (if those services were provided by an agency affiliated with the private duty provider) are not required to have a separate supervisory visit.
- 3. Supervisory visits, or explanation of why there are no separate supervisory visits for the month (that is, RN shifts were delivered) are to be documented in the participant record
- (8) Requirements for the Contents of Medical Records. Appropriate medical records for each MO HealthNet participant served must be maintained at the private duty nursing agency. Records should be kept confidential and access should be limited to private duty nursing staff and representatives of the Departments of Social Services and Health and Senior Services.
- (A) Medical records shall contain the following:
- 1. Identifying information about the participant, such as name, birthdate, MO HealthNet participant identification number, caretaker and emergency contact person;
- 2. All forms or correspondence to and from the Bureau of Special Health Care

Needs regarding the services which have been prior authorized;

- 3. Signed physician orders prior to service delivery which must be updated each time the prior authorization is due for approval by the Bureau of Special Health Care Needs;
- 4. Consent from the child's legal custodian for treatment prior to service delivery;
- 5. The plan of care, documenting the amount, duration and scope of the service. The level of care indicated in the plan of care (RN or LPN) must be based on acceptable standards of nursing practice. Reimbursement is based on the prior authorization approved by the Bureau of Special Health Care Needs, with that prior authorization based upon the plan of care, specifying the number of hours and the skill level of the service, for periods of up to six (6) months;
- 6. Weekly documentation of all services provided and any supervisory visits;
- 7. Documentation of the LPN's competency demonstration before an RN when the plan of care includes the services of an LPN as required in subsection (6)(C); and
- 8. Documentation that a copy of the participant's Bill of Rights was given to the participant, parent or guardian.

### (9) Reimbursement.

- (A) Payment will be made in accordance with the fee per unit of service as defined and determined by the MO HealthNet Division.
- 1. A unit of service is fifteen (15) minutes.
- 2. The fee per unit of service will be based on the determination by the state agency of the reasonable cost of providing the covered services on a statewide basis and within the mandatory maximum payment limitations.
- 3. Payment will be made on the lower of the established rate per service unit or the provider's billed charges. The charge billed to MO HealthNet may not be more than a provider's ordinary charge to the general public for the same services.
  - (B) Conditions for Reimbursement.
- 1. Services will be authorized by the Bureau of Special Health Care Needs prior to delivery, in accordance with a private duty nursing care plan, specifying the amount, duration and scope of services. The prior authorization will be the basis for reimbursement.
- (10) MO HealthNet Private Duty Nursing Provider Manual. A private duty nursing provider manual shall be produced by the MO HealthNet Division and shall be distributed to all private duty nursing providers participating



in the Missouri MO HealthNet Program at its website at www.dss.mo.gov/mhd. The MO HealthNet Private Duty Nursing Provider Manual and bulletins, which are incorporated by reference and made a part of this rule as published by the Department of Social Services, 615 Howerton Court, Jefferson City, MO 65109, at its website at www.dss.mo.gov/mhd, January 16, 2008, shall contain information about MO HealthNet eligibility, third party liability, procedures for requesting prior authorization, claim filing instructions, instructions for filing adjustments, reimbursement methodology and current MO HealthNet maximum rates of reimbursement for services, benefits and limitations of services and other applicable information about the program. This rule does not incorporate any subsequent amendments or additions.

AUTHORITY: sections 208.152, 208.153 and 208.201, RSMo Supp. 2007.\* Original rule filed Sept. 2, 1993, effective April 9, 1994. Amended: Filed April 4, 1994, effective Oct. 30, 1994. Amended: Filed Jan. 15, 2004, effective Aug. 30, 2004. Amended: Filed June 1, 2006, effective Dec. 30, 2006. Amended: Filed Dec. 14, 2007, effective June 30, 2008.

\*Original authority: 208.152, RSMo 1967, amended 1969, 1971, 1972, 1973, 1975, 1977, 1978, 1978, 1981, 1986, 1988, 1990, 1992, 1993, 2004, 2005, 2007, 208.153, RSMo 1967, amended 1967, 1973, 1989, 1990, 1991, 2007; and 208.201, RSMo 1987, amended 2007.