Rules of
Department of Social Services
Division 70—Division of Medical Services
Chapter 40—Optical Program

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Title 13—DEPARTMENT OF SOCIAL SERVICES
Division 70—Division of Medical Services
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13 CSR 70-40.010 Optical Care Benefits and Limitations—Medicaid Program

PURPOSE: This rule establishes the basis for administering the Optical Care program under the Missouri Medicaid program, including the designation of professional persons who may perform optical care services; services which are covered, noncovered and limitations within the program and the method of reimbursement.

(1) Administration. The Optical Care program shall be administered by the Division of Medical Services, Department of Social Services. The optical care services covered and not covered, the program limitations and the maximum allowable fees for all covered services shall be determined by the Division of Medical Services and shall be made available through the Department of Social Services, Division of Medical Services website at www.dss.state.mo.us/dms, provider bulletins, and updates to the provider manual. Services covered shall include only those which are clearly shown to be medically necessary.

(2) Persons Eligible. Any person who is eligible for Title XIX benefits from the Division of Family Services and who is found to be in need of optical care services as described in this regulation.

(3) Provider Participation. To be eligible for participation in the Missouri Medicaid Optical Care Program, a provider must meet the criteria specified for his/her profession as follows:

(A) An optometrist must be a duly licensed Doctor of Optometry (OD) to participate in Medicaid, must be licensed in accordance with the licensing provisions of the state in which s/he practices and must have a current Missouri Medicaid participation agreement and provider number;

(B) A physician must be a duly licensed Doctor of Medicine (MD) or Doctor of Osteopathy (DO) to participate in Medicaid must be licensed in accordance with the licensing provisions of the state in which s/he practices and must have a current Missouri Medicaid participation agreement and provider number;

(C) An optometric clinic can participate in the Optical Care program if it has a current Medicaid optometric clinic number. In addition to the clinic number, each of the performing optometrists must have an effective participation agreement and Medicaid provider number. Reimbursement can be made to the clinic for all covered services provided at the clinic; and

(D) An optician, optical dispenser or manufacturer of artificial eyes must have a current Missouri Medicaid participation agreement and provider number.

(4) Types of Service Reimbursed by Medicaid for Each Profession.

(A) Optometrist or Optometric Clinic.

1. Eye examinations.
2. Eyeglasses.
3. Artificial eyes.
4. Special ophthalmological services.

(B) Opticians or Optical Dispensers.

1. Eyeglasses.
2. Artificial eyes.

(C) Manufacturers of Artificial Eyes—Artificial Eyes.

1. Artificial eyes.
2. Special ophthalmological services.

(D) Physicians (MD or DO).

1. Eye examinations.
2. Eyeglasses.
3. Artificial eyes.
4. Special ophthalmological services.

(5) Reimbursement. Medicaid reimbursement will be the lower of the provider’s usual and customary charge to the general public or the Medicaid allowable amount.

(6) Covered Services.

(A) Complete or limited eye examination with refraction.

(B) Eye refraction (Medicare-Medicaid recipient only).

(C) Glasses (frames and lenses, under 4.00 diopters).

(D) Frames.

(E) Temple.

(F) Lenses, single vision.

(G) Lenses, bifocal, Kryptok.

(H) Lenses, bifocal, Flat top.

(I) Lenses, bifocal, Executive.

(J) Lenses, trifocal.

(K) Lenses, cataract.

(L) Special frames (prior authorization required).

(M) Special lens (medical necessity required).

(N) Miscellaneous repairs (medical necessity required).

(O) Scleral shell, stock or custom.

(P) Artificial eye, stock or custom.

(Q) Artificial eye, refitting.

(R) Artificial eye prosthesis check/polishing/cleaning.

(S) Rose I and Rose II tints (medical necessity required).

(T) Photochromatic (prior authorization required).

(U) Orthoptic and/or pleoptic training, with continuing optometric direction and evaluation (visual therapy/training) (prior authorization required).

(V) Fitting of contact lens for treatment of disease, including supply of lens (therapeutic bandage lens) (medical necessity required).

(W) Visual field examination with optometric diagnostic evaluation; tangent screen, Autoplot or equivalent (prior authorization required).

(X) Electro-oculography, with medical diagnostic evaluation (prior authorization required).

(Y) Visually evoked potential (response) study, with medical diagnostic evaluation (prior authorization required).

(Z) Quantitative perimetry, for example, several isopters on Goldmann perimeter or equivalent (prior authorization required).

(AA) Static and kinetic perimetry or equivalent.

(BB) Serial tonometry with optometric diagnostic evaluation (separate procedure), one (1) or more sessions, same day.

(CC) Tonography with optometric diagnostic evaluation, recording indentation tonometer method or perilimbal suction method.

(DD) Color vision examination, extended, for example, anomaloscope or equivalent.

(EE) Dark adaptation examination, with optometric diagnostic evaluation.

(7) Program Limitations.

(A) One (1) comprehensive or one (1) limited eye examination is allowed per year (within a twelve (12)-month period of time) under the Medicaid program. Payment for a comprehensive eye examination will be made only if six (6) or more of the following procedures have been performed:

1. Refraction far point and near point;
2. Case history;
3. Visual acuity testing;
4. External eye examination;
5. Pupillary reflexes;
6. Ophthalmoscopy;
7. Ocular motility testing;
8. Binocular coordination;
9. Vision fields;
10. Biomicroscopy (slit lamp);
11. Tonometry;
12. Color vision; and

(B) If fewer than six (6) of these procedures are performed, a limited examination must be billed.
(C) Additional eye examinations may be allowed during the year (within a twelve (12)-month period of time) if medically necessary (that is, cataract examination, prescription change of 0.50 diopters or greater). A Medical Necessity Form must be attached to the claim form for eye examinations in excess of one (1) per year.

(D) Eyeglasses are covered by Medicaid when the prescription is at least 0.75 diopters for one (1) eye or 0.75 diopters for each eye.

(E) Only one (1) pair of eyeglasses is allowed every two (2) years (within any twenty-four (24)-month period of time) for all Medicaid recipients regardless of age.

(F) All claims for eyeglasses or lenses must contain the prescription and the name of the prescribing physician (MD or DO) or optometrist (OD).

(G) The original eyeglass prescription and laboratory invoices listing costs for optical materials, lenses and/or frames provided; and the charge for grinding, edging or assembling of glasses must be kept on file by the provider for five (5) years and furnished to the Department of Social Services (DOSS) upon request.

(H) Special frames are covered under the Missouri Medicaid program if they are required for medical reasons and are prior authorized by DOSS. Special frames may be authorized if the patient requires special lenses (over 4.00 diopters for one (1) eye or over 4.00 diopters for each eye and are extra thick or heavy), the structure of the patient’s face requires special frames (a very large face, wide-set eyes) or the patient needs glasses with pads because of nose surgery. The Prior Authorization Request Form must be completed and signed by the prescribing physician or optometrist.

(I) Special lenses are covered under the Missouri Medicaid program if they are medically justified and the prescription is plus or minus 4.00 diopters for one (1) eye or 4.00 diopters for each eye, cataract lenses or special bifocal lenses (for example, plastic Executive lenses). A Medical Necessity Form stating the reason special lenses are required must be completed and signed by the prescribing physician or optometrist and attached to the claim form.

(J) Plastic lenses may be dispensed under the Missouri Medicaid program. Reimbursement will be at the same rate as comparable glass lenses. Additional payment will be allowed for plastic lenses that meet the definition of special lenses and are medically justified.

(K) Photochromatic lenses are covered only if medically necessary and prior authorized by the DOSS medical consultant. The Prior Authorization Request Form must be completed and signed by the prescribing physician or optometrist.

(L) Tinted lenses (Rose I and Rose II) are covered if medically necessary. A Medical Necessity Form completed and signed by the prescribing physician or optometrist must be attached to the claim form for the glasses.

(M) Replacement of optical materials and repairs in excess of program limitations may be covered if medically necessary or required for employment training, or educational purposes as follows:

1. Replacement of complete eyeglasses (frames and lenses)—Prior authorization required.
   A. Lenses and frames broken (recipient must show provider the broken glasses or Medicaid will not pay for the glasses).
   B. Lost.
   C. Destroyed.
   D. Stolen.
   E. Repair of existing glasses would exceed the Medicaid allowable amount for new frames and lenses;
   2. Lenses—Medical Necessity Form required.
      A. Scratched.
      B. Broken.
      C. Prescription change of at least 0.50 diopters or greater (old and new prescription must appear on the Medical Necessity and claim forms);
      3. Frames—Prior authorization required. Temples, fronts or both broken and repair would exceed the Medicaid allowable amount for new frames.

(N) Repair of frames or replacement of parts of frames (temples) are covered as follows (Medical Necessity Form required):

1. The cost of the repairs do not exceed the Medicaid allowable amount for new frames; and
2. Repair would provide a serviceable frame for the recipient.

(O) Temples may never be billed in addition to complete new eyeglasses and new frames.

(P) Prior authorization is required for all optical services for Missouri Medicaid recipients residing in a nursing home, boarding home or domiciliary home when the service is provided in the nursing home. The provider must submit a Prior Authorization Request Form to DOSS before the service is provided in order for Medicaid payment to be made.

(Q) An eye refraction is included in the reimbursement for a comprehensive or limited eye examination. Because the eye refraction is not covered by Medicare but is covered by Medicaid, providers may bill Medicaid for an eye refraction when the patient has Medicare and Medicaid coverage.

(R) Eyeglasses may be covered by Medicaid for a prescription of less than 0.75 diopters if medically necessary. A Medical Necessity Form must be completed by the prescribing physician or optometrist and attached to the claim form. Eyeglasses less than 0.75 diopters will be approved for the following reasons:

1. Child under age eighteen (18) who requires glasses for school performances;
2. Visual acuity 20/40 or less; or
3. Protective eyewear for persons with sight in only one (1) eye.

(S) Any warranties extended by optical companies for optical materials to private-pay patients must also apply to those same materials dispensed to Medicaid recipients.

(T) Medicaid allows one (1) artificial eye per eye (one (1) left and one (1) right) within a five (5)-year period. If the artificial eye is lost, destroyed, cracked or deteriorated, payment will be allowed for replacement if a Medical Necessity Form is completed and attached to the claim.

(U) Optometrist may be reimbursed for visual therapy training when there is a prognosis for substantial improvement or correction of an ocular or vision condition. These conditions include amblyopia, eccentric (non-foveal) monocular fixation, suppression, inadequate motor or sensory fusion and strabismus (squint). Orthoptic and pleoptic training must be prior authorized by the DOSS Optometric Consultant. The number of training sessions are limited to one (1) per day, two (2) per week and a maximum of twenty (20) sessions may be requested on the Prior Authorization Request Form. If the patient shows significant improvement after the initial twenty (20) sessions and the optometrist feels that further progress could be made, DOSS may grant prior authorization for additional training sessions not to exceed a total of forty (40) sessions.

(V) Fitting of contact lens for treatment of disease, including supply of lens (therapeutic bandage lens) is covered if it is prescribed by a physician, (MD or DO), as a bandage to cover a diseased condition of the eye, such as a bandage over an abrasion of the skin. The lens must be plain with no corrective power. Diagnosis for which the lens should be reimbursed are Bullous Keratopathy, Corneal Ulcers, Ocular Pemphigoid and other corneal exposure problems. A Medical Necessity Form completed and signed by the prescribing physician must be attached to the claim form.

(W) Visual field examination with optometric diagnosis evaluation, tangent screen,
Autoplot or equivalent, are covered when performed by an optometrist and prior authorized by DOSS. The following criteria will be considered in granting prior authorization:

1. Elevated intraocular pressure;
2. Best corrected visual acuity of 20/40 or less in either eye;
3. Headaches not attributed to refractive error; and
4. Reduction of confrontation fields.

(X) Quantitative perimetry, for example, several isopters on Goldmann perimeter, or equivalent is covered.
(Y) Serial tonometry with optometric diagnostic evaluation (separate procedure), one (1) or more sessions on the same day is covered when performed by an optometrist. Routine tonometry is included in the reimbursement for a comprehensive examination and cannot be billed separately.

(9) General Regulations. This rule shall not encompass all of the general regulations of the Medicaid program. These regulations, however, shall be in effect for the optical care section of the overall program.
