The Department of Mental Health (DMH) was officially established on July 1, 1974 as a cabinet-level state agency by the Omnibus State Government Reorganization Act; however, its functions date back to 1847. The department serves as the state’s mental health authority, establishing philosophy, policy and standards of care.

State law provides three principal missions for the department: (1) the prevention of mental disorders, developmental disabilities, substance abuse and compulsive gambling; (2) the treatment, habilitation and rehabilitation of Missourians who have those conditions; and (3) the improvement of public understanding and attitudes about mental disorders, developmental disabilities, substance abuse and compulsive gambling.

The vision for the Missouri Department of Mental Health is that “Missourians shall be free to live their lives and pursue their dreams beyond the limitations of mental illness, developmental disabilities, and alcohol and other drug abuse.”

Missourians must know that mental illness is treatable, that persons with substance abuse problems can triumph over their addictions, and that persons with developmental disabilities can be productive citizens and good neighbors in their communities.

Mental Health Commission

The Commission, composed of seven members, appoints the director of the Department of Mental Health with confirmation of the Senate. Commissioners are appointed to four-year terms by the governor, again with the confirmation of the Senate. The commissioners serve as policy advisors to the department director. The commission, by law, must include an advocate of community mental health centers, a physician who is an expert in the treatment of mental illness, a physician concerned with developmental disabilities, a member with business expertise, an advocate of substance abuse treatment, a citi-
Office of the Director

The seven-member Missouri Mental Health Commission serves as the principal policy advisory body to the department director. The director’s duties include planning, supervising and evaluating the provision of services for Missourians with mental illness, developmental disabilities and addiction disorders. The Department of Mental Health (DMH) is comprised of three program divisions: the Division of Comprehensive Psychiatric Services, the Division of Developmental Disabilities, and the Division of Alcohol and Drug Abuse, as well as six support offices.

DMH serves approximately 170,000 Missourians annually through state-operated facilities and contracts with private organizations and individuals. The state-operated psychiatric facilities include inpatient psychiatric care for adults and children, as well as the Missouri Sexual Offender Treatment Center. In addition, six habilitation centers and 11 regional centers serve individuals with developmental disabilities. Other services are purchased from a variety of privately operated programs statewide through approximately 4,000 contracts managed annually by DMH.

Deputy Director

The Office of the Deputy Director provides the leadership and direction for a variety of department-wide and statewide functions that support program operations and services to DMH consumers. These include supervisory responsibility for human resources, deaf services and the investigations unit that responds to consumer safety complaints as well as other special projects at the director’s discretion. In 2009, the deputy director was also assigned to participate in an inter agency team to maximize use of federal stimulus resources to benefit service recipients and Missouri taxpayers.

General Counsel

The Office of the General Counsel is responsible for providing legal advice and assistance for the department and its facilities and division offices in a variety of areas including: personnel and forensic litigation, rules and policy development, compliance with privacy, administration and coordination under the Health Insurance Portability and Accountability Act, and ensuring the provision of administrative due process hearings before the department hearings administrator.

Administration

The Office of Administration, headed by the department’s deputy director for administration, provides administrative and financial services to help the department achieve effective results. The Office of Administration includes the following units: 1) Budget and Finance develops and monitors the annual budget, oversees the legislative fiscal note process, provides expenditure oversight, and analyzes and compiles financial and other related reports; 2) Accounting oversees and monitors all funds, manages expenditures, administers grant funds, and produces fiscal summaries, analyses and reports; 3) Purchasing and General Services establishes and administers contracts with private agencies or individuals to provide services in the community and is also responsible for various general services functions in the central office; 4) Reimbursements collects payments from private insurance, Medicaid and Medicare, and private pay for department services and coordinates revenue maximization activities.

Transformation

Effective October 2006, Missouri became one of nine states awarded a five-year Mental Health Transformation Grant by the federal Substance Abuse Mental Health Services Administration (SAMHSA). Based on the recommendations of the president’s New Freedom Commission, which identified weaknesses at the state and federal levels in mental health care, Missouri’s Mental Health Transformation Initiative is an interagency effort focused on moving the system from one driven by disability to one based on public health principles. In June 2008, SAMHSA approved Missouri’s Comprehensive Plan for Mental Health, completed under the direction of the governor-appointed, 24-member Transformation Working Group (TWG). Plan development was based on six strategic themes of transformation and on the overarching theme that “mental health is essential to overall health.” The plan and subsequent updates will track progress on numerous action items designed to make system changes that lead to transformation. Grant funding is used to support infrastructure required for transformation, such as planning, workforce development, evidence-based practice implementation and technology enhancements. Additional information on the transformation initiative is available through a web link at www.motransformation.com.

Mental Health Transformation Working Group Members

McFarland, Diane, chair, Department of Mental Health, Office of the Director; Groat, Benton, co-chair, Missouri Institute of Mental Health; *Open-Pending, senior healthcare policy advisor, Office of the Governor; *Open-Pending, consumer leader; Viviano, Beth, family leader; *Open-Pending, state advisory council chair, Department of Mental Health, Division of Comprehensive Psychiatric Services; Stringer, Mark, director, Department of Mental Health, Division of Alcohol and Drug Abuse;

Division of Alcohol and Drug Abuse

The Division of Alcohol and Drug Abuse was created in 1975 and established in statute in 1980 (RSMo 631.010) as part of the Department of Mental Health, with responsibility for ensuring that quality alcohol and drug abuse prevention, evaluation, treatment and rehabilitation services are accessible to all Missourians.

The division provides services in four program areas: substance abuse prevention; sub-
stance abuse treatment; compulsive gambling counseling and the Substance Abuse Traffic Offenders Program. Services are delivered through a network of contracted providers. The Division promotes access, quality treatment, accountability, and consumer safety through its administrative standards and policies; ensures that its service providers are implementing evidence-based practices; monitors, evaluates and provides technical assistance to its network of providers; and collaborates with other state and federal agencies to stay abreast of the latest developments in the field and coordinate the delivery of services across multiple entities.

The impact of substance abuse is substantial — societal costs for Missouri are estimated at $7 billion annually. The average cost to treat a substance-addicted individual is $1,346 vs. a $17,300 cost to society not to treat. The impact is felt by individuals and families in every ethnic group and income level. Addiction to alcohol or other drugs is a chronic condition that has no cure, but can be treated through a range of services including intensive day treatment, outpatient services, medications and community support services. Recovery is a long-term process which is unique to each individual. Treatment is effective and far less costly to the state than the burden of substance abuse and addiction.

Missouri Advisory Council on Alcohol and Drug Abuse
The Missouri Advisory Council on Alcohol and Drug Abuse was established in state statute in 1980. The council serves as an advisory body to the Division of Alcohol and Drug Abuse on policy, prevention and treatment activities in the state of Missouri. The council is comprised of up to 25 members appointed by the division director. Members have professional, research, and/or personal interest in the delivery of substance abuse prevention and treatment services.

Members
Hammond, Robin, chair, St. Joseph; Harris, Diana, vice chair, St. Louis; Carter, Michael, Springfield; Dean, Michael K., Jefferson City; Doherty, Stephen, St. Louis; Dude, Kim, Columbia; Flowers, Ladell, Kansas City; Gardine, Cheryl, Maryland Heights; Gibson, Marilyn, Springfield; Harper, John, Jefferson City; Hentges, Sandra, Jefferson City; Johnson, Clif, Farmington; Persky, Sylvia, Springfield; Reinkemeyer, Mary Beth, Jefferson City; Robinson, Crystal, Poplar Bluff; Sparer, Kevin, Kansas City; Walker-Thoth, Daphne, St. Louis.

Division of Comprehensive Psychiatric Services
The Division of Comprehensive Psychiatric Services provides inpatient and residential services for children and adults at nine state-operated facilities. These include three long-term care facilities, two acute care hospitals, one facility with acute, long-term services, a sexual offender treatment service, one children’s psychiatric hospital and one children’s residential treatment center. These facilities are divided into five regions across the state: Central, Eastern, Southeast, Southwest and Western. Each region is directed by a regional executive officer who works directly with their respective facility chief operations officer for oversight at each facility.

In addition, the division contracts with for-profit community mental health centers to provide services for persons with mental illness in each of 25 geographic service areas. The agency responsible for service provision in each service area is designated as the division’s administrative agent. The administrative agents are responsible for assessment and service delivery to eligible individuals in their geographic service area. This includes responsibility to provide follow-up services to persons who have been discharged from state-operated inpatient services. Children and their families are also served by administrative agents.

Supported community living programs are provided to individuals with mental illness who require financial subsidies to support their housing needs or need more structured services to live in the community. Living arrangements in this program range from nursing homes to apartments and other settings that are integrated into the community.

Persons in these programs are provided support through case management and community psychiatric rehabilitation program services provided by administrative agents. During fiscal year 2008, the division provided inpatient services to 6,257 adults and 624 children; outpatient and community support (includes residential) to 56,922 adults; and 16,388 supported community living services to 5,135 adults and 399 children.

State Advisory Council for Comprehensive Psychiatric Services
The State Advisory Council for Comprehensive Psychiatric Services was first established in 1977 by the governor’s executive order. Members are appointed by the director of the Division of Comprehensive Psychiatric Services. The council is comprised of 25 members who advise and make recommendations on the development and coordination of a statewide interagency/interdepartmental system of care for children/youth with serious emotional disorders and persons with mental illness and their families. Council members are primary consumers, family members, service providers and state agency representatives. The council by-laws state the council will: 1) Advise the division in the development of models of services, long range planning and budgeting priorities; 2) Identify statewide needs, gaps in services and movement toward filling gaps; 3) Provide education and information about mental health issues; and 4) Monitor, evaluate, and review the allocation and adequacy of mental health services within the state.

The State of Missouri is committed to ensuring the voice and perspective of mental health consumers and their families inform the provision of mental health services throughout the state. The council has played an active role in developing and fulfilling this commitment. Examples of council activities include planning Mental Health Awareness Day, participation at the Department of Mental Health’s Annual Spring Training Institute, Anti-Stigma Public Education Campaign, mental health transformation activities and consumer/family monitoring of treatment providers.

Members
Minth, Helen, chair, St. Louis; Jones, Karen, vice chair, Jefferson City; Anderson, Barbara, St. Louis; Bussabarger, Mary Lou, Columbia; Clarke, Linda, St. Peters; Evers, Randall, Jefferson City; Giovannetti, Scott, St. Louis; Hagar-Mace, Liz, Jefferson City; Hamilton, Sandra, Kansas City; Harper, John, Jefferson City; Hawkins, Robert, Chesterfield; Johnson, Jessica, Columbia; Johnson, Kim, Jefferson City; Lay, Donna, West Plains; Markway, Dr. Gregory, Jefferson City; Meachum-Cain, Glenda, Jefferson City; Qualls, Robert, Springfield; Robbins, John, Jefferson City; Stanton, Sarah, Kansas City; Stephens, Erica, Jefferson City; Taggart, Suzanne, Jefferson City; Thomas, Tish, Jefferson City.

Cottonwood Residential Treatment Center
Cottonwood is a 32-bed residential treatment center designed to meet the emotional and mental health needs of children and adolescents, ages 6 to 17.

EXECUTIVE DEPARTMENTS — DEPARTMENT OF MENTAL HEALTH
The treatment center, which opened in 1987, provides intensive programming to children who do not require psychiatric hospitalization but who have behavioral and emotional problems related to socialization, impulse control and coping skills. The program centers on a psycho-educational method to develop the skills necessary to return to family and community.

The interdisciplinary approach includes individual, group and family therapy, and provides psychological, recreational, educational, social work, dietetic and nursing services.

Cottonwood Residential Treatment Center is accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO) and is certified by Medicaid for reimbursement as a Psychiatric Residential Treatment Facility (PRTF). Cottonwood is located on the campus of Southeast Missouri State University in Cape Girardeau and serves as a training site for numerous programs of the university.

Fulton State Hospital
600 E. Fifth St., Fulton 65251
Telephone: (573) 592-4100 / FAX: (573) 592-3000
TT: (573) 592-3498
www.dmh.mo.gov/fulton

Fulton State Hospital, authorized in 1847 and opened in 1851, is the oldest public mental health facility west of the Mississippi River. The hospital is certified by the Centers for Medicare and Medicaid Services (CMS), and has been accredited by the JCAHO since 1984.

The 468-bed hospital provides inpatient adult psychiatric services, including treatment and rehabilitation for forensic patients and other patients requiring long-term inpatient care. The term “forensic” is used to describe individuals who are charged with a crime and have been committed to the Department of Mental Health by a circuit court for a pre-trial or pre-sentence evaluation, medical detoxification and referral for clients with substance abuse problems.

The hospital has a training affiliation with the University of Missouri’s Department of Psychiatry. In addition, it provides training experience to students from various clinical disciplines, including nursing, social work, occupational therapy, and an internship and fellowship program in psychology.

Hawthorn Children’s Psychiatric Hospital
1901 Pennsylvania Ave., St. Louis 63133
Telephone: (314) 512-7800 / FAX: (314) 512-7812
www.dmh.mo.gov/hcph/

Hawthorn Children’s Psychiatric Hospital provides inpatient psychiatric services for severely emotionally disturbed children and adolescents, ages 6 to 17. The hospital serves the 31 counties of eastern and southeastern Missouri.

Hawthorn has been a free-standing child psychiatric facility in St. Louis County since 1969. The hospital is accredited by the JCAHO and certified for federal Medicaid reimbursement.

The 26-acre campus consists of a main building and five cottages which can house 60 psychiatric treatment beds. Hawthorn currently maintains 28 inpatient and 24 residential treatment beds. The hospital also operates a cooperative day treatment program providing psychiatric services for 16 students in conjunction with the Special School District of St. Louis County.

Youth are assessed and provided comprehensive services addressing their psychiatric, psychological, social, educational, vocational and recreational needs. Diagnostic and treatment services are available for the juvenile courts.

Hawthorn has a training affiliation with the Psychiatry Department of the Washington University School of Medicine. The hospital also provides clinical experience to various student training programs, including the disciplines of social work, dietary, nursing and psychology.

Metropolitan St. Louis Psychiatric Center
5351 Dolmar Blvd., St. Louis 63112
Telephone: (314) 877-6500 / FAX: (314) 877-6553
TT: (314) 877-0775
www.dmh.mo.gov/mpc

Metropolitan St. Louis Psychiatric Center (MPC) operates 112 beds for inpatient psychiatric care, five of which are also utilized for evaluation, medical detoxification and referral for clients with substance abuse problems.

The center operates an emergency room that provides screening, evaluation, crisis intervention, referral and admission. A clinical research program, staffed by psychiatrists from Washington University, is well established at the facility. Community education and consultation are provided by the staff of the facility as part of its effort toward the prevention of mental illness.

MPC is accredited by the JCAHO and eligible for reimbursement under the Medicare and Medicaid programs. The center has a long and valued history as a site for professional education. In affiliation with Washington University School of Medicine, training is provided for psychiatric residents. With a consortium of other providers, MPC is nationally recognized for a clinical psycho-educational pre-doctorial internship program. Other professions receiving training at MPC include social work, occupational therapy and nursing.

Northwest Missouri Psychiatric Rehabilitation Center
3505 Fredrick Ave., St. Joseph 64506
Telephone: (816) 387-2300 / FAX: (816) 387-2329
TT: (816) 387-2300
www.dmh.mo.gov/nmprc

Northwest Missouri Psychiatric Rehabilitation Center provides adult long-term services for an 18-county area in northwest Missouri with a population of 256,780. It provides forensic services for that area plus an additional seven counties. The total population of the 25-county service area is 1,356,111.

The hospital opened as State Lunatic Asylum No. 2 in November 1874 on land east of St. Joseph. The capacity ranged from 250 beds to nearly 3,000 in the 1950s, and the name was changed to St. Joseph State Hospital. Over the years, downsizing occurred with the advent of better treatment options and emphasis on returning patients to the community.

In 1997, St. Joseph State Hospital was replaced with the current facility and renamed Northwest Missouri Psychiatric Rehabilitation Center (NMPRC). NMPRC currently provides 108 beds for adult, long-term psychiatric patients age 18 and over. Three wings, Carver, Lincoln and Twain, have 20-beds each, and are designated as minimum security. Six cottages with eight beds each are designated as open campus security.

NMPRC is fully accredited by the JCAHO.

St. Louis Psychiatric Rehabilitation Center
5300 Arsenal St., St. Louis 63139
Telephone: (314) 877-6500 / FAX: (314) 877-5982
www.dmh.mo.gov/slprc

St. Louis Psychiatric Rehabilitation Center (formerly known as St. Louis State Hospital),
originally founded in 1869, is a 196-bed facility providing care, treatment and rehabilitation for adults with mental illness who reside in St. Louis City and St. Louis, Jefferson, Franklin, St. Charles, Warren and Lincoln counties.

The facility currently accepts those persons in need of forensic psychiatric services and psychiatric services for severe and persistent mental illness. The staff of the center provide a variety of intensive psychosocial rehabilitation programs that facilitate a return to independent living within the community, while preserving public safety.

The St. Louis Psychiatric Rehabilitation Center continues to maintain its accreditation from the JCAHO, receiving its most recent accreditation in 2006.

Southwest Missouri Mental Health Center
1010 W. Columbia, Farmington 63640
Telephone: (573) 218-6792 / FAX: (573) 218-6703
www.dmh.mo.gov/southeast

Southwest Missouri Mental Health Center began in 1903 as Farmington State Hospital. In 1984, the Missouri General Assembly approved the conversion of the hospital grounds into a medium-security prison, operated by the Department of Corrections. Subsequently in 1987, the state hospital was converted into a mental health center and moved into buildings adjacent to the prison.

The Adult Psychiatric Services Division operates a forensic psychiatric emergency program and up to 60 inpatient beds for persons needing short-term hospital care. The Long-Term/Forensic Services program operates 98 minimum/campus security beds primarily for persons referred by the court for psychiatric evaluation and/or treatment. The Mental Illness/Developmental Disabilities (MIDD) Program is a hospital service for 20 persons with mental illness and developmental disabilities. These programs are accredited by the JCAHO.

By cooperative agreement between the Departments of Corrections and Mental Health, the correctional system provides housing and services to persons with developmental disabilities to live independently and productively. In 1988, the division began participation in the Missouri Planning Council for Developmental Disabilities (DD), established in 1974, serves persons with developmental disabilities such as mental retardation, cerebral palsy, head injuries, autism, epilepsy and certain learning disabilities. Such conditions must have occurred before age 22 with the expectation that they will continue. To be eligible for services from the division, persons with these disabilities must have substantial functional limitations in two or more of the following six areas of major life activities: self-care, receptive and expressive language development and use, learning, self-direction, capacity for independent living or economic self-sufficiency and mobility.

The division’s focus is on improving the lives of persons with developmental disabilities and their families through programs, supports and services that enable persons with developmental disabilities to live independently and productively. In 1988, the division began participation in the Medicaid home and community-based waiver program designed to help expand needed services throughout the state.

Specialized services are either provided directly or purchased through contracts by 17 entities operated by the division. The division’s 11 regional offices are the primary points of entry into and exit from the system. The regionally located offices determine eligibility, provide service coordination and work with individuals and families, and contract with SB40 Boards (local county boards for mentally retarded and developmentally disabled adults founded by Mentally Retarded Citizens of Missouri in 1968). Affiliated Community Service Providers (ACSP) and private providers for the provision of a comprehensive array of services in the following areas: Albany, Central Missouri, Hannibal, Joplin, Kansas City, Kirksville, Poplar Bluff, Rolla, Sikeston, Springfield and St. Louis. There are also six state operated habilitation centers: Bellefontaine Habilitation Center, Higginsville Habilitation Center, Marshall Habilitation Center, Nebraska Habilitation Center, Southeast Missouri Residential Services, and St. Louis Developmental Disabilities Treatment Center, which primarily provide residential care and habitation services to persons who are medically and behaviorally challenged or court committed. All habilitation centers are Title XIX certified as Intermediate Care Facilities for the Mentally Retarded (ICF/MR).

State and Regional Planning and Advisory Councils

The Missouri Planning Council for Developmental Disabilities was created in 1971 under federal legislation. The council’s federal mandate is to plan, advise and give advice concerning programs and services for persons with developmental disabilities that will increase their opportunities for independence, productivity and integration into communities. The council, which meets under Missouri statute, is operated by the Missouri Advisory Council on Mental Retardation and Developmental Disabilities, providing advice to the division and the division director. The council consists of up to 25 members who are appointed by the governor.

Additionally, Missouri statute allows the director of the division of DD to establish Regional Developmental Disabilities Advisory Councils in any of the regions of the state to advise and participate in the development of
Regional plans of programs and support and services for persons with developmental disabilities. The regional councils may have up to 20 members who reside in the region and serve staggered three-year terms. The regional council members are appointed by the division director.

Missouri Planning Council for Developmental Disabilities
Shetley, Shelly, chair, Kansas City;
Bonney, Paula, Waynesville,
Briscoe, Stephanie, Lathrop;
Chapman, Tec, Jefferson City;
Eckles, Susan, St. Louis;
Enfield, Cathy, Independence;
Harper, John, Jefferson City;
Hofmeiser, Michelle, Farmington;
Horn, Vim, Kansas City;
Mackey, Terry, Mexico;
McCarell, Vicki, Boonville;
Niemeier, Brenda, Edina.

Habilitation Centers
www.dmh.mo.gov/mrdd/help/regions.htm#habcenter

Bellefontaine Habilitation Center
10695 Bellefontaine Rd., St. Louis 63137
Telephone: (314) 340-6000
Higginsville Habilitation Center
PO Box 517, 100 W. First St., Higginsville 64037
Telephone: (660) 584-2142

Marshall Habilitation Center
Slater St., PO Box 190, Marshall 65340
Telephone: (660) 886-2201

Nevada Habilitation Center
2323 N. Ash, Nevada 64772
Telephone: (417) 667-7835

Southeast Missouri Residential Services
Poplar Bluff,
2351 Kanell Blvd., Poplar Bluff 63902
Telephone: (573) 840-9370

Sikeston, PO Box 966, 112 Plaza Dr., Sikeston 63801
Telephone: (573) 472-5305

St. Louis Developmental Disabilities Treatment Centers
Administrative Offices
211 N. Lindbergh, St. Louis 63141
Telephone: (314) 340-6702
Northwest Habilitation Center
11 Brady Circle, St. Louis 63114
Telephone: (314) 877-5650

South County Habilitation Center
2312 Lemay Ferry Rd., St. Louis 63125
Telephone: (314) 894-5400

St. Charles Habilitation Center
22 Marr Ln., St. Charles 63303
Telephone: (636) 926-1300

Regional Offices
www.dmh.mo.gov/mrdd/help/regcenters.htm

Albany Regional Office
809 N. 13th St., Albany 64402
Telephone: (660) 726-5246

Central Missouri Regional Office
1500 Vandiver Dr., Ste. 100, Columbia 65202
Telephone: (573) 882-9835

Hannibal Regional Office
805 Clinic Rd., PO Box 1108, Hannibal 63401
Telephone: (573) 248-2400

Joplin Regional Office
3600 E. Newman Rd., Joplin 64802
Telephone: (417) 629-3020

Kansas City Regional Office
821 E. Admiral Blvd., Kansas City 64106
Telephone: (816) 889-3400

Kirksville Regional Office
1702 E. LaHarpe, Kirksville 63501
Telephone: (660) 785-2500

Poplar Bluff Regional Office
2351 Kanell Blvd., Poplar Bluff 63901
Telephone: (573) 840-9300

Executive Departments — Department of Mental Health